

**NAMI Sacramento Board of Directors Meeting  
February 23, 2009**

**Members Present:**

Belinda Beckett	Linda Beilharz	Caroline Caton
John Gilbert	Al Lipson	Larry Liseno
Pat Pavone	Sherrie Sala-Moore	

**Staff Present:** none

**Members Absent:** Heidi Sanborn

<b>Guests Present:</b>	Sandra Marley	Joe Teixeira
	Lynn Cathy	Pam Meyer

**1. Welcome & Introductions:**

Pat welcomed our guests.

**Connections Presentation**

Sandra Marley and Joe Teixeira made a video presentation on the new NAMI Connections peer support program. Sandra and Joe will be facilitating the free Connections programs every Sunday night from 7:00 – 8:30 p.m. beginning March 29<sup>th</sup>, at a location to be announced. We currently have six facilitators trained by the NAMI National team. Pamphlets are being distributed at Turning Point, Sacramento County offices, Regional Service Teams, and the NAMI Sacramento office.

**Family-to-Family Discussion**

Lynn Cathy, NAMI California Family-to-Family Coordinator and Pam Meyer, Co-Coordinator for NAMI Sacramento, discussed the status of our Family-to-Family classes. Lynn passed out a job description for Family-to-Family Co-Coordinators. Lynn said that she needs someone to field phone calls from people inquiring about Family-to-Family. Since the web site enrollment form is gone, enrollments are now more time consuming.

Lynn thanked the Board for its support. She stated that the demand for Family-to-Family is high and that we could use more teachers. There is currently no waiting list. Pat will be speaking to class attendees in April to invite them to join NAMI Sacramento. Joe needs a family member speaker for a Peer-to-Peer class on April 2<sup>nd</sup>.

**Action taken:** Caroline volunteered to be the contact for her support group rather than Lynn. Pam volunteered to be the contact for Family-to-Family rather than Lynn. Pam's contact information for the web site and newsletter is [wpmeyer@comcast.net](mailto:wpmeyer@comcast.net) or 916-300-1603.

**Call to Order:** The business meeting was called to order at 7:18 p.m. by President Pat Pavone.

## 2. Review & Approval of Minutes:

Minutes from the January Board meeting had been distributed to Board members for review prior to the meeting and were approved as written.

## 3. President's Report (Pat Pavone)

- ❖ **Financials:** We need to start approving the monthly financial reports, on the advice of our accountant.
- ❖ **State of the Organization:** Pat did a presentation at general meeting on the State of the Organization. Turnout was low but response was good.. She consolidated the presentation for the newsletter and web site.
- ❖ **Infomercial:** Pat met with Kaz Koyama, a student from Natomas Charter High School who is interested in filming an infomercial for us as his Senior Project. He is talking to his instructor about the requirements and will be filming in March or April.
- ❖ **Grants:** Dawn Correia had given Pat a lead to a Nick Traina grant, which was established by author Daniel Steele's in the name of her son. Her foundation gives to mental health organizations. We will do an application to keep IOOV in business. Funds to keep Peer-to-Peer running may be available from grant from NAMI California. Kathleen Derby is helping with Pat with the application.
- ❖ **Sacramento Police Dept. Donation:** \$1856 came to us from the Sacramento Police Dept. weight lifting competition that was put together by Lt. Cara Westin. Lt. Westin had stated that she is concerned about vets needing mental health care. A veterans group donated \$500 to NAMI Sacramento through the event.
- ❖ **NAMI Walk:** Pat has started working on the NAMI Walk application based on the 2008 criteria. The 2009 criteria will be posted online in March.
- ❖ **Provider Training Program:** Pat got outreach provider training for a new Provider Training Program, to train providers in the community about NAMI. The training requires a team of people made up of consumers, family members, and professional mental health care providers. Pat had called the President of NAMI Santa Cruz, who said they are funding their training through MHSA. Caroline will look at the NAMI Santa Cruz application, which they have posted online.
- ❖ **Grants:** Caroline stated that NAMI Sonoma County got \$300,000 from their county. She will inquire with them about how they succeeded in getting these funds. Al said that our county process hasn't progressed that far yet, and that there will be a broadbased group set up to determine PERT fund uses in Sacramento County.

#### 4. Treasurer's Report (Larry Lisenio)

The Treasurer's spreadsheets had been distributed to Board members for review prior to the meeting. Larry reported the following:

- ❖ **Transparency:** All of our approved expenditures are approved and reported.
- ❖ **ATM Card:** Larry obtained new ATM card
- ❖ **Donations:** Larry has been working with Dawn on the donation spreadsheets to clean up discrepancies. Dawn is scanning and sending checks to Belinda for entry in the DonorPerfect system. There was discussion of specific donations that had not been recorded in DonorPerfect and the need to make sure we thank members for their donations.
- ❖ **Approval of Financial Statements:** Pat moved and Caroline seconded that we approve January financial statements. All in favor.
- ❖ **Investment Strategy:** Al questioned what our investment strategy is, since we are losing money. Larry explained how we are responding to our financial advisor's advice. Larry and John will be meeting with Jeremy again to discuss options. Al questioned whether we should take our money out of investments, given the risk and our inability to tolerate much risk. Pat asked for recommendation from John and Larry by the next board meeting.

#### 5. Old/New Business

- ❖ **Program Oversight:** Pat stated that we may not need to have a board member responsible for overseeing family and consumer programs, since we have paid staff.
- ❖ **MHSA Update:** Al, Caroline and Marilyn Hillerman testified at a Sacramento County Board of Supervisors meeting on program reductions. There will be a meeting on next year's budget early in March. Caroline stated that Prop 1E will go before voters to redirect funds from Prop 63, and that the division of funds would become the job of the state Dept. of Mental Health. RSTs are defunded as of July 1 and 9000 people are going to be without services. Al stated that there is also an impact to board and care facilities. County health clinics are also closing, health care services to undocumented residents will be denied, and there is also an impact to homeless services, jails, and hospital emergency rooms. Services being removed may also have MHSA programs dependent on them.

Al – stated that NAMI California is taking a position against the Prop 1E diversion of funds from July 1 2009 to July 1 2020, for the purpose of maintaining early and periodic screening program MHSA funds. Al and Caroline said they didn't think that was a good approach. Pat stated that we are not prepared to support NAMI California's position.

Caroline said Ann Edwards Buckley will be the new Director of the County Dept. of Behavioral Health as of March 1.

- ❖ **Oprah at Loaves & Fishes:** Sherrie stated that Oprah was in Sacramento filming at Loaves & Fishes. The show is to air on Wednesday following this meeting.
- ❖ **NAMI United Way Application:** Belinda passed out draft Attachment A. She needs input on advocacy activities during 2008. Al and Caroline gave details on their presentations and activities. A brief group editing session followed. Belinda needs a signed tax return. She will contact Naomi for a copy.
- ❖ **Yard Sale:** Our yard sale will be held Saturday, April 25<sup>th</sup> Saturday at Belinda's house. We need clean items in good condition, no clothing, no computers or TVs. She has looked at storage options and has a volunteer list she will contact.
- ❖ **Fundraising Mailer:** Belinda stated that our second fundraiser mailing will be done in May.
- ❖ **Fundraising Ideas for Board Members:** Pat distributed a list of the best fundraiser ideas that she culled from a list of 53 things board members can do to raise \$1,000. There was general agreement that we need more members and board members. Al suggested doing a matching fund. Belinda is meeting with a fundraising consultant to get ideas on fundraising ideas.
- ❖ Pat stated that we have speakers booked for April and May only.

## 6. Upcoming Events

- ❖ Monday, April 13 – next General Meeting
- ❖ Monday, April 20 – next Board Meeting
- ❖ Saturday, April 15 – Yard Sale

## 9. Public Comment: None

## 10. Adjournment: The meeting adjourned at 8:43 p.m.



Submitted by Linda Beilharz, Board Secretary