

**NAMI Sacramento, Board of Directors Meeting
April 20, 2009**

Members Present:

Belinda Beckett, Linda Beilharz, Caroline Caton, John Gilbert, Larry Liseno, Pat Pavone, Sherrie Sala-Moore

Members Absent:

Al Lipson

1. President's Report

- ❖ Board: Heidi Sanborn has resigned from the Board effective immediately. She had stayed on the Board through April to accommodate Pat's request to ease her transition to Board president.
- ❖ Staff: Pat spoke with Sontine about working for 10 hours a week when she returns from maternity leave and said that she was receptive to the proposal. Pat said we will have to redraft Sontine's duty statement to be consistent with the reduced number of hours and that we should have her focus on maintaining Donor Perfect and supervising the NAMI office. Pat reported that Sontine will return between mid May and early June.
- ❖ Pat also spoke to Dawn about reducing her hours from 15 to 12 hours. It was recognized that we may have to staff the office for the 3 hours that Dawn is giving up either with Sontine or volunteers to meet 15 hour a week minimum staffing requirement of United Way.
- ❖ Outreach: On March 30 Pat, Kathleen Derby and Joe Teixeira made a presentation at Trinity Cathedral for their Stephen's Ministry which pairs trained volunteers with persons in crisis for a year.
- ❖ On April 14 Pat spoke to the Family to Family class about NAMI and invited class participants to become NAMI members.
- ❖ On April 16 Pat and Kathleen Derby participated in a Disability Awareness Event at Sac City College.
- ❖ John Gilbert volunteered to attend the Franchise Tax Board Health Fair on May 13 and Pat will participate at Sacramento Crisis Training on May 13. On May 27 Harry Nichols and Pat will do a Sherriff's Training and on May 27 Mental Health Advocacy Day will take place at the Capitol.
- ❖ Fundraising: Pat and Belinda met with the Community Benefits manager, Rosemary Younts, at Mercy Health Care West and were told we would receive an invitation to submit a letter of intent – which starts the process of seeking a community grant - in July. The Community Benefits manager at Sutter cancelled her appointment with us and has not responded to several attempts to reschedule the appointment. Pat submitted the NAMI Walk application, but we have not yet heard back from them.

- ❖ Speakers: Pat reported that we have speakers for the May, June, September and October General meetings. We still need speakers for August and November.
- ❖ Board meeting date change: The Board will meet on June 16 instead of June 15 because Pat is teaching on Monday evenings in June.

2. Treasurer's Report:

- ❖ Financial statements were reviewed and a motion was unanimously passed to approve Financial Statements as presented.
- ❖ Larry noted that John Buck of Turning Point reduced our office space rent from \$100 to \$50 per month.
- ❖ Our total assets are up slightly largely because of a small grant from NAMI California for the Peer to Peer program. The balance sheet reflects that the mutual funds were sold. Laddered CDs were purchased with the proceeds.
- ❖ We received notice a bequest of 1% of the value of the estate from the Meizner Family Trust. We anticipate receiving about \$2,600.00 as a result of this bequest.

3. Old / New Business:

- ❖ Caroline attended a Community Education Forum Planning Meeting organized by Andrea Hillerman. The meeting was attended by representatives from many mental health organizations who are trying to formulate a united response to the county budget cuts. There was much discussion about how to get the word out to people about the impending closure of RSTs and the elimination or curtailment of many mental health resources and about the need to compile a list for providers and consumers of resources and programs that may be able to help. Another meeting is scheduled for May 4.
- ❖ Caroline attended the MHSA mtg. She reported that Lynn Frank is no longer the County Director of the Department of Health and Human Services. Ann Edwards Buckley will serve as interim Director. Caroline is concerned that the community input process for MHSA decision making is not being followed. One older adult programs have been pulled and there was no community input when this happened.
- ❖ Pat's husband Bob has very graciously agreed to be the NAMI Sacramento webmaster. He will have to purchase Dreamweaver software and receive training.

- ❖ Film Premier: Pat and Caroline will attend the movie “The Soloist” at the Natomas Regal Theater which is about a mentally ill and homeless musician. They will hand out NAMI brochures in the lobby.
- ❖ Board recruitment: Pat is having lunch with Theresa Roberts to ask her if she would consider being on our Board.
- ❖ Pat reported that Marsha Gifford had contacted her about speaking at our General Meeting. She wanted NAMI Sacramento to pay her travel expenses. The Board agreed that we are not able to pay for speakers.
- ❖ Fundraising:
 - Belinda reported that we are supposed to hear about our United Way application on April 30.
 - Yard Sale: The Board agreed to hold the yard sale on Sunday, April 26 if it rains on the scheduled day Saturday, April 25.
 - Dues increase: A motion to increase dues for consumers by \$2.00, not the \$5.00 originally adopted at the March Board meeting, passed unanimously. The dues increase for general memberships will remain at \$5.00.
- ❖ Video update: Pat said that Kaz Koyama reports that all is proceeding well.
- ❖ Christmas party: It was agreed that the Christmas party would not be reactivated at this time.
- ❖ Caroline reported that she spoke at Joe Teixeira’s Peer to Peer class.

The meeting adjourned at 8:22 p.m.

Submitted by Belinda Beckett, Vice President

