

NAMI Sacramento, Board of Directors Meeting
August 17, 2009

Members present: Belinda Beckett, Al Lipson , John Gilbert, Larry Liseno, Pat Pavone, Sherrie Sala-Moore

Members absent: Caroline Caton

Other Attendees: Sontine, Craig

May/June Meeting minutes were approved.

President's Report:

The remaining volunteer appreciation certificates were sent out to those volunteers who were unable to make the August general meeting.

Met with Anna Cristen, VP of Planning of Telecare (similar to Turning Point but in Bay Area). They are bidding on MHSA contracts in Sacramento and very knowledgeable in mental health issues.

Will be attending NAMI California conferent in Torrance this week and hoping to get some good ideas and contacts.

Mark Gale on the state board was coordinating on the video production for CDC to be taped in Stockton on the 25th of 26th. As a result of federal oversight, they need to improve training for officers regarding all health issues. Mark wanted a team put together in 48 hours that included consumers and family members with experience with the prisons. It was proving hard to find family members so Pat might need to represent family members.

Pat & Larry had met on recruitment. Al was coordinating a lunch with Al at Turning Point regarding a Board Position.

Working on getting a special needs trust attorney set up for the October meeting.

Treasurer's Report:

The June & July financial statements were reviewed. For June, the notes from Naomi were reviewed and it was noted that there was a need to repay unused stipend dollars and that we have a loss primarily related to investment losses (market drops). Pat moved and Belinda seconded the motion to accept the June statements. For July, the notes from Naomi were also reviewed. Larry noted he got the past fee from B of A waived (\$14/month charge if <\$4000/month). Al moved and John seconded the motion to accept the July statements. The motions were passed by unanimous votes by the members present.

On August 11th, Naomi send an email regarding the proposed 2009-2010 Budget. Per Larry's input, she made modifications such as no P.O. box expenses and to include the appropriate walk amounts. The commentary on the budget was reviewed. Most of the allocations were based on 08/09 amounts.

Executive Director's Report:

The recent fund raising mailing brought in almost \$3,000 and will probably total close to \$3,600. They have now set it up for credit card donations.

Belinda has been working with Sontine on the Catholic Care West grant letter-of-intent. They will check with Marilyn Hillerman for needed statistics.

Nami CA has agreed to fund classes but Rebecca can only fund them if they are geared toward specifically under served group (minority & dually diagnosed). They need to see if Veteran's would be considered an under served group. The grant guidelines make it difficult to request funds for IOV. And they require that we must be collaborating with other non-profits (such as we are now doing at Turning Point).

Sontine will attend a United Way speakers training and is helping review walk information.

Sontine and Belinda are working with Dawn to get all the membership information input into the database to transition away from the spreadsheets. They are also working on getting automated letters set up.

Sontine is spending 2 days at the office each week answering phones.

NAMI Walk Coordination:

Pat has a committee set up to work on the walk that meets the 3rd Wednesday of each month. The goal is to earn \$50,000. Pat needs someone to coordinate a kick-off lunch in February. The NAMI affiliates are excited about the walk and all must solicit sponsorships. Approval will be needed on packets (NAMI National information was helpful). Dawn can assist on getting packets put together. There has been some frustration on getting information from NAMI National. Darlene will be here on Sept. 11th to see the park and committee.

There is a revenue sharing agreement with affiliates. The suggested split was 60/40 but all have agreed to 50/50. NAMI Sacramento will pay all the overhead costs.

The walk system depends on teams. Every member gets 10 people to participate (\$20 cash). The walk is a huge time commitment.

Board Recruitment:

Pat and Al worked on Board Recruitment. The process and letter draft were discussed. Al noted there should not be a signature required on the position description (that should be later when they are actually offered position).

Other Business:

Pat attended a United Way event at a Wells Fargo call center during a shift change meeting. Belinda has a similar event coming up. The United Way training is on Aug. 27th and there will be kick-off meetings on Sept 10th & 11th.

Larry is donating a cabinet to the NAMI Sacramento office (there is too much stuff!).

The next MHSA meeting is this Thursday (potential source of funding).

Pat noted she needed someone to run the election in October who is not running for a position. We need to figure out how to get a quorum or have a backup plan (email vote). We need to get information on candidates.

An issue related to stipends was discussed (there was a stipend sheet handout). Pat had asked Sontine to investigate. We will need to watch this and see if our funding will require changes (such as of Jan. 1st).

Pat noted she has a September conflict and needs someone to introduce Tom Wooten on Monday September 14th. Larry agreed to do this. And she also needed the Board meeting changed or another person to chair. Alternate dates were not working, Belinda agreed to chair on the 21st.

Al related steering committee info about the treatment center reductions from 100 to 50. All will get more info (rationale, backup plan for people in crisis) and recommend action.

Submitted by Sherrie Sala-Moore, Membership Chair

