

**NAMI Sacramento Board of Directors Meeting  
October 26, 2009**

**Members present:** Belinda Beckett, Caroline Caton, John Gilbert, Al Lipson, Larry Liseno, Pat Pavone, and Sherrie Sala-Moore

**Members absent:** none

**Staff and Guests present:** Sontine Kalba and Craig Hayes

Minutes from the September meeting were approved with one correction which was that the May minutes were not approved because we did not yet have them.

**President's Report:**

- Pat reported that everyone running for the Board had been elected. The Board will welcome Craig Hayes, Linda Ellis, Marilyn Hillerman, and Patsy Pavan in January 2010.
- County and city law enforcement are collaborating on developing a list of resources for 5150 situations. NAMI Sacramento will be included on the list.
- Pat reported on the NAMI California annual conference. She observed that there was a very strong bias towards consumers from both consumers and practitioners attending the conference and less focus on meeting needs of family members.
- Pat reported speaking with Carla Jacobs, CTAC Coordinator, about AB 1424 which will require that information about the historical course of an individual's illness be considered as well as concerns of family members when an individual is 5150ed. This information will have to be included in the individual's file.
- Pat reported that the filming of the piece on persons with mental illness and incarceration went well, but that she has not yet heard when it might be ready to view.

**Treasurer's Report:**

- Larry reviewed our September financial statements. Caroline moved and John seconded the motion to accept the September statements. The Board voted unanimously to approve the motion.
- Larry reported that our CPA Ren Endow has prepared a year-end financial statement with a 2 page summary and notes for fiscal year July 1, 2008 – June 31, 2009. The Board agreed that the statement should be posted on the web site.
- Larry is working on the fictitious name statement for Bank of America so that the Northern California NAMIWalk can have a separate account. Pat, Sontine and Larry will go to the Perkins branch of Bank of America to open the account once the fictitious name requirements have been completed.

**Executive Directors Report:**

**Membership Records**

- Dawn and Sontine have been working to update the membership records in our donor database. They are doing this to consolidate Sherrie's Excel spreadsheet system with our database. By mid-December they plan to have one system for the membership records, and it will be in our donor database. Dawn will maintain those records under Sontine's supervision.
- Sontine has been in contact with Jose Perez at NAMI California regarding the reporting that we need to do to NAMI California. Jose has agreed to allow us to submit the minimum required information in order to keep our work simple. Sontine will take over the job of

submitting the information on membership renewals, additions and address changes to NAMI California.

#### Grant Proposal

- Sontine spent over 20 hours on the grant proposal to Catholic Healthcare West. Belinda and Pat contributed their time to write some of the sections and to review my drafts. We asked for \$5,000 for Peer-to-Peer. We'll be notified by CHW in December.

#### Mail Appeals

- Summer mail campaign: Since our last board meeting 4 more people donated as a result of the summer mailing. They gave an additional \$741. We have raised just under \$3,900. Subtracting expenses gives us about \$3,650 net. We mailed to 340 people. 42 people have donated. That means we've had a 12.4% response rate, which is an excellent response rate. The average gift was \$93.
- Belinda and Sontine have begun working on the next mail appeal, which we were planning to send out in early December. However, we are now rethinking our plan because we want to do a NAMIWalk mailing and don't want to send out two mailings so close together.

#### Hours Increase

- Sontine has been working 10 hours/week since returning from maternity leave. As of November 1<sup>st</sup> she will go up to 15 hours/week.

#### Other Business:

- Pat reported that she passed out sponsorship packets at the NAMIWalk committee meeting. The goal is to receive \$10,000 in sponsorships and \$40,000 from teams. We want at least 40 teams to raise \$1,000 each. There will be a volunteer kick-off meeting in Sacramento at Sierra Vista on November 4 and another meeting in Stockton on November 5. Pat passed out a NAMIWalk sponsorship packet to each Board member.
- Pat reported learning a lot at the NAMIWalk conference in Charlotte, North Carolina. Belinda and Pat reported attending the Bakersfield NAMIWalk and learning details about the Walk there as well.
- The Board decided not to seek an AmeriCorps volunteer at this time. We considered that we might not be able to meet the criteria for the program but that in the future we might be able to split a volunteer's time with Turning Point and thereby satisfy the criteria.
- The Board agreed that post-election we need an updated Board roster. Sontine said she would prepare it.
- Pat reported that she will hold a police training on Monday at 7:00 p.m. on November 23 at the Sacramento County Division of Mental Health at 3321 Power Inn Rd. Those to be trained must have experience with the police either as a consumer or as a family member.
- There will be no Board meeting in December, but Belinda will host a get-together of the current and new Board members at her home in Sacramento.
- Pat will continue to attend Board meetings until the NAMIWalk has taken place.
- Caroline reported that Sandy Damiano is going to be the new head of Mental Health Services.
- Pat attended the PEI (Prevention and Early Intervention) phase 2 sessions for MHSA and said that her impression is that MHSA funds will only be used for new programs such as *NAMI Basics* or *Parents and Teachers as Allies*.

The meeting was adjourned at 8:30 p.m.

Submitted by Belinda Beckett, Co-Vice President