

NAMI SACRAMENTO
BOARD OF DIRECTORS MEETING

Monday, May 17, 2010

Members Present: Belinda Beckett, Caroline Caton, Linda Ellis, Craig Hays, Marilyn Hillerman, Sontine Kalba, Larry Lisenon, Patsy Pavan

Member Absent: Al Lipson

Meeting began 6:35 pm

1. Welcome, Introductions, Etc.
2. Review April Meeting Minutes
 - Approved with one correction – change references to IYOV to IOOV
3. Treasurer's Report (Larry)
 - Financials - Our financial statements, overall, for end of April are in good order, and we are actually under budget for the year over all - in particular with respect to our expenses for salaries, stipends and the newsletter.
 - NAMIWalk - Larry received a check for \$39,000+ today from NAMI National as a preliminary payout of funds received online. More funds are still expected as donations continue to come in – the web site will not close until June 24 - 60 days after the Walk. The final accounting will not happen until the 60 day period has expired. It is expected that we will make a preliminary distribution to the participating affiliates with the understanding that we will not know the final amount until late June.
 - Proposed Budget – Larry reviewed the budget narrative prepared by Naomi Gilbert. He explained that the \$55,000 projected income to NAMI Sac. from next year's Walk is a gross and not a net figure. We are planning to resume paying \$100 a month to Turning Point to rent our office space. The Board discussed the possibility of performing check cutting and bookkeeping in house using QuickBooks and of doing payroll in house as well. We are hoping to be able to save some of the amount budgeted for these functions. We are projecting a \$3,000 loss for the 2010-2011 fiscal year, but will endeavor to reduce that amount if possible. The Board also discussed trying to increase the number of programs we offer – i.e. more support groups, IOOV opportunities, or classes. The Board will review the next budget proposal and to discuss it in detail at the next Board meeting.
 - Motion to approve Treasurer's report was adopted.
4. Issue/Project Updates
 - NAMI Walk – By May 24 Pat will tell the affiliates about a partial distribution. Sontine and Larry agreed NAMI National has not made it very clear how they want the final accounting to be done.
 - General Meeting Location – Larry said he would check with Al to see whether his Temple is available as venue for the General Meetings. The desirability of finding a place that is close to public transit, well lighted, has good parking, and that would allow food was reiterated. In addition we discussed re-instituting crisis support led by Marilyn

and Caroline for a half an hour before each General Meeting and the necessity of finding a place with a small room to accommodate that need.

5. Executive Director's Report (Sontine)

- Darryl Steinberg's office called Sontine to find a family member to participate in a work group task force organized to discuss the issue of providing urgent care services to consumers in light of the budget cuts. The task force is currently comprised of administrators of local hospitals, representatives from pharmaceutical firms, and a consumer. They want to add a family member who is a seasoned advocate well versed in the workings of the mental health community. They have already met twice. Caroline and Marilyn agreed to try to split attendance at the remaining six meetings of the task force.
- Sontine is feeling very good about our database. Since January she has worked to get our database in order and correct mistakes in the data. It is now in order and Belinda is soon going to help with the weekly data entry. Sontine will continue to do the monthly membership reports for NAMI California, create our newsletter mailing list and update our email distribution list.
- Craig has been getting himself up to speed with Constant Contact and has begun sending out some of our mass email messages.
- Now that the Walk is over and our database and email systems are in good shape, Sontine is developing ideas for NAMI Sacramento. Some of the options that she'd like for us to consider are:
 - Add a new program: NAMI Basics, Parents and Teachers as Allies, Provider Education. Sontine is currently researching costs of starting up these programs and maintaining them so that we can make an informed decision.
 - Crisis support before General Meetings.
 - More family support groups.
 - Start a Speaker's Bureau to inform people about what we do. Start with service clubs and churches/faith communities.
 - Find a Spanish speaker who can answer questions when a Spanish speaker calls the office seeking guidance.
 - Website Changes – Need to add some more information about donating.

Board members received these ideas with enthusiasm and look forward to implementing them in the near future.

6. Board Member Reports

- Linda and Belinda attended the Franchise Tax Board's Wellness Fair. They reported having the opportunity to tell many people about NAMI and were able to distribute materials and information.
- Patsy reported that she and Dawn attended Disability Awareness Day at PERS. Patsy said that there was not a strong employee presence at the event, and they spoke to fewer people than they had anticipated.

- Craig reported that he and Dawn attended Disability Awareness Day at City College. Their table was somewhat out of the way and not many people stopped to learn about NAMI.

7. President's Report

- County System Redesign – Caroline has been attending a County forum that includes consumers and family members which is trying to figure out how the new County system will be set up and how the transition will be made from the RSTs. There will be 4 County sites – one in the north, south, east and west areas of the city. The County maintains that these sites will be providing services by July 1.
- The Board was supposed to submit comments/suggestions for the Position Paper Caroline distributed last month regarding the County service reductions and system redesign. Only Linda submitted comments to her. Board members agreed to submit their comments by email before the next meeting. Belinda mentioned that Al's comments to the County Mental Health Board which were included in the May newsletter were a good source of ideas for the position paper as well.

8. Upcoming Events/Activities

- The Board discussed honoring Pat Pavone at the next Board Meeting and at the July General Meeting (if she can attend) for her stellar leadership as the first NAMIWalk chair – and for volunteering to chair next year's Walk.
- Belinda reported that Land Park has been reserved for Saturday, April 30, 2011 for NAMIWalk.

Meeting adjourned: 8:45 pm.

Next meeting: Monday, June 21 at 6:30 p.m. on Power Inn Road.