



NAMI Sacramento

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Sacramento's Voice on Mental Illness

An Affiliate of the National Alliance on Mental Illness

NAMI Sacramento Board of Directors' Meeting February 7, 2007 (Revised 03/07/07)

Members Present:

Lloyd Lagerstrom	John Gilbert	Pat Pavone	Mei Yip
Heidi Sanborn	Kim Johnson	Jeanne Templeman	Valerie Ries-Lerman
Caroline Prod	Susan Whaley	Sherri Sala-Moore	

Members Absent:

Al Lipson, Val Lopez

Guests:

Steve Porter

- ❖ Call to Order: Meeting called to order at 6:40 p.m. by President Heidi Sanborn. Heidi mentioned that Al Lipson was not present because he was attending the Sacramento County Mental Health board Meeting to present the out-of-county placement issue. Heidi introduced Steve Porter to the Board and commended Steve on his excellent work on the "School to Work" Conference which was a workshop for teachings in how to deal with children who have a mental illness. Heidi also thanked Steve for donating the brochures that were distributed at the conference. Then Heidi announced that both Harry Nicholas and Rick Taylor have resigned from the Board effective immediately.
- ❖ January Minutes: John requested a change to the Treasurer's Report reflecting that we made \$754 last month (not last year) on our Edward Jones investment portfolio. The minutes, as amended, were moved by Kim, seconded by Caroline; and passed by unanimous vote of the Board members present.
- ❖ President's Report:
 - Heidi submitted her report in writing and it is attached to the minutes as Exhibit A.
- ❖ Old Business:
 - **Office Assistant Position** –
 - Pat passed out a report on Staffing Options for the NAMI Office. The report described interviews and information received from PrideWorks Staffing Company and Crossroads Employment Services related to contracting with NAMI Sacramento for a part-time office assistant. The report recommended contracting with PrideWorks based on the lower cost of the bid (\$14.05 v. \$16) and the belief that PrideWorks had a larger and more experienced infrastructure to effectively manage the contract (See Exhibit B).
 - There was considerable discussion about the relative merits of both companies and a strong sentiment expressed that a contract with Crossroads might be viewed more favorably by our consumers because of the strong identity that Crossroads has in this community. Nevertheless, a motion was made by Lloyd to accept the recommendation in

the report. John seconded the motion and it passed by a vote of 10-1, with Valerie casting the dissenting vote. Pat will contact PrideWorks to begin the selection process.

- **Membership Report** – Sherri discussed some of the ongoing issues that she has had reconciling our membership records with those of NAMI California. We have been withholding our dues to NAMI California pending resolution of the discrepancy. At this point the records have been reconciled except for six records. Heidi believes that is as close as we are going to get and asked John to send NAMI California the dues check.
- **Walk for Mental Health** – We have received over \$12,000 from the WMH donations, however there is still no detailed reports to go with the donations. Heidi expressed concern about the lack of a proper audit trail on these funds and requested again that the WMH do a better job tracking the money. Pat will bring this issue up with WMH Board.
- **Peer to Peer and In Our Own Voice Programs** –
 - Susan reported that the second Peer to Peer class is going well and that Valerie is doing a great job as an instructor. The only problem is that we need a new location to hold the classes before the next class in May.
 - Susan is applying for an expansion grant for the Peer to Peer program to expand it into some of the areas targeted for cultural outreach. She indicated that the grant application was simple and did not require a lot of staff work.
 - Vivian Munsen is working with the Department of Rehabilitation grant contact, Dan Clark, to ensure our invoiced can be mailed after the IOOV training in March.
 - Elizabeth Edwards has taken over the IOOV coordinator position and is doing an outstanding job and is taking speaker requests and organizing the program under Susan's management.
- **Board Development** -
 - Heidi asked the Board members how we felt about the training we received from Patrick Bell last month. All agreed that the time was well spent.
 - Heidi discussed the results of the survey that she gave to the Board members last month. There were only four responses, but there were some common threads including issues dealing with the direction of the organization and our ability to meet our goals and objectives.

❖ New Business:

- **United Way Affiliation** – John reported that he and Belinda Beckett will be attending the United Way training and will be working together to prepare the application that will allow NAMI Sacramento to be considered for inclusion as an “affiliated” organization of the United Way. Heidi asked that we be very clear in our understanding of exactly what NAMI is committed to do (such as financial audits and presentations during the campaign) before we submit the application.
- **Staff/Volunteer Training** – Kim mentioned that Christine Somack needs some additional resource information to help her to train the new staff and volunteers who work in the office. Heidi mentioned that she is working with the Mental Health Association and Dr. Robin Zasio to set up some on-site training that should help familiarize everyone with the resources available in the community for individuals and families in crisis.
- **Strategic Planning** – The Executive Committee will begin the strategic planning process and will bring forward a draft concept for board review and discussion in March.

❖ Treasurer's Report:

- John presented the Board with a different format for the financial reports that was a PDF file created from his "QuickBooks" software. After some comments from the Board members about the format, John agreed to make some changes for next month's report.
- John reported that we made \$295 last month on our investments, \$500 on the sale of Entertainment Books, and \$51 on sales made through the NAMI Website on Amazon.com.
- The Board discussed the cost versus benefits of the Entertainment books and it was decided that this fund raiser is more trouble than it is worth because of the need to purchase the books up front and then account for all of the sales. Apparently, four books were lost this year. A motion was made by Caroline and seconded by Lloyd to eliminate the Entertainment Books as a fund raiser for 2007. The motion passed by unanimous vote of the Board members present.

❖ Public Comment: None.

❖ Adjournment: The meeting was adjourned at 8:40 p.m.

Submitted by Patricia Pavone, Board Secretary