



NAMI Sacramento

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Sacramento's Voice on Mental Illness

An Affiliate of the National Alliance on Mental Illness

NAMI Sacramento Board of Directors' Meeting October 4, 2007

Members Present:

Heidi Sanborn	Al Lipson	Pat Pavone	Sherri Sala-Moore
Lloyd Lagerstrom	Caroline Prod	Susan Whaley	

Members Absent:

Valerie Reis-Lerman
Valentin Lopez (on leave of absence)
Jeanne Templeman

Staff:

Dawn Correia

Guests:

Linda Beilharz
Sandra Marley
Valentin Lopez
Joe Texiera
Pao Moa

- ❖ Call to Order: Meeting called to order at 6:38 p.m. by President Heidi Sanborn.
- ❖ Minutes: Susan made a motion to approve the minutes from the September 6th meeting. Lloyd seconded the motion. The minutes were approved by unanimous vote of the board.
- ❖ President's Report:
 - Heidi reported that due to increasing workload and responsibilities, she will be unable to complete the remaining three months of her term as President. After a short discussion, Caroline agreed to step up to the President's position and serve until the Board hold's new elections in January.
 - Heidi also announced that Susan Whaley has resigned as a Board Member and this would be her last meeting. In addition, Valerie Reis-Lerman has requested an official leave of absence. Heidi will clarify with Valerie how long she will need to be inactive.
- ❖ Treasurer's Report:
 - John indicated that we had earned \$1,853 on our investments in September and that our CD had been reinvested. He also indicated that we have an accounts receivable of \$4420 related to the IOOV grant monies that have not yet been received.
 - Al made a motion to pay Naomi Gilbert, our CPA, for one hour of technical assistance to help Susan Whaley complete the reimbursement paperwork for the IOOV Program before she has to step down as a Board Member. The motion was seconded by Caroline and approved by unanimous vote of the members present.

- John briefly reviewed the new format for the monthly financial statements and the revised budget reflecting the change from a calendar year to a fiscal year, starting on July 1st.
- Caroline made a motion to approve the Budget for 2007-8. Pat seconded the motion and it was approved by unanimous vote of the members present.
- ❖ Old Business:
 - **Board Elections**
 - Heidi reminded the Board Members that the Elections for Board Members will be held at the General Meeting on October 15, 2007. Heidi, Al, Caroline, Pat and Sherrie are all running for reelection. Linda Bielharz, Belinda Beckett and Lucille Villalobos are running for their first terms. We need to have at least 10% of the registered members voting in order for the vote to be valid.
 - Pat indicated that she will be unable to attend the meeting, as she will be out of town on vacation. However, she can make herself available by telephone, if necessary, to answer questions.
 - Pat also asked if nominations from the floor were acceptable, or write-in candidates. Heidi said that this was not permitted based on board policy.
 - **Equipment Purchase for NAMI Programs**
 - Caroline reported back to the Board on her research related to the purchase of a projector for use in the Family-to-Family, Peer-to-Peer, and IOOV Programs. She recommended the purchase of an Optoma Projector for \$1149. Pat made a motion to approve the purchase. John seconded the motion and it was approved by unanimous vote of the members present.
 - In addition, it has been requested that we purchase a cart for the TV and projector. Lynn Cathy, the Family-to-Family Program Coordinator estimated that a rolling cart would cost \$300. Al made a motion that was seconded by John that Caroline be authorized up to \$300 for the purchase of a cart to be used for the TV and projector.
 - **Update on Peer-to-Peer and IOOV Program**
 - Susan gave a detailed report on the status of this grant via email prior to the meeting. Her report is incorporated into these minutes as Exhibit A.
 - With both Susan and Valerie gone, Heidi expressed concerns about who will coordinate the Consumer Programs. Apparently Rebecca Thornton has expressed interest in this and may be willing to take on this responsibility. Also, if the Board hires an Administrative Staff person as planned, four hours a week of his/her time is projected to be spent on the consumer programs.
 - **Walk for Mental Health**
 - Pat indicated that everything was on schedule for the Walk on Saturday, however she still has some ongoing concerns about WMH board governance and accounting procedures. Now that the Walk is getting bigger and more successful this is an area where there is higher risk and the WMH Board has no directors and officers insurance. Heidi indicated her concerns that the NAMI Board might be held liable for any accounting irregularities with the Walk for Mental Health because we are a participating agency with strong involvement in the activities.
 - Linda Bielharz and Pat also discussed some issues related to the membership of the Board and the need to redo the bylaws. Pat agreed that these issues need to be

addressed in earnest before we move forward with the 2008 Walk. Heidi recommended that the NAMI Board wait to receive a final report by the Walk team and then decide whether to send an official letter to the WMH Board about these issues.

➤ **Update on NAMI Inclusion Grant**

- Val Lopez gave a very positive update on the NAMI Inclusion (Diversity) Grant. At this point, most of the key objectives have been achieved and many long-term community contacts have been made in the underserved communities. However, Val indicated that it is not likely that NAMI Sacramento will experience an increase in minority membership any time soon.
- Val also stated that there are about 16-20 people that are willing to take the Family-to-Family Class and become certified as instructors to teach the program in various languages if we can get another Family to Family class scheduled right away.
- The Mental Health Services Act funds may be a viable source of future funding for our diversity outreach efforts and there may be some mutual benefit between our efforts and those of other mental health service groups, including the County of Sacramento.

➤ **Strategic Planning –**

- Al discussed some issues related to the fiscal targets in the plan.
- Al indicated that while the plan may need some additional work, it is time to get a draft out to the membership for review and comment. He will try to get the draft ready to put on the NAMI Website by the end of this month.

➤ **Staffing –**

- The staffing subcommittee recommends that the part-time program manager position be a contract position and that we work with an agency to hire someone to meet our needs based on the approved duty statement. Heidi will follow-up with finalizing the selection process.
- John, Caroline and Pat agreed to be the interview panel for the Board.

❖ New Business:

- Al publicly thanked Heidi for all of her leadership, inspiration, and commitment as the Board President. Heidi is recognized by all of the Board members as the major reason that NAMI Sacramento is where it is today as a strong and growing organization.
- Caroline presented Heidi and Susan with a cake to thank them for their contributions.

❖ Public Comment:

- There was no public comment.

❖ Adjournment: The meeting was adjourned at 8:35 p.m.

❖ Next Meeting: The next board meeting will be held on Thursday, November 8, 2007.