



NAMI Sacramento

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Sacramento's Voice on Mental Illness

An Affiliate of the National Alliance on Mental Illness

NAMI Sacramento Board of Directors' Meeting January 22, 2008

Members Present:

Heidi Sanborn	Al Lipson	Pat Pavone	Sherrie Sala-Moore
Caroline Prod	John Gilbert	Jeanne Templeman	
Belinda Beckett	Linda Beilharz	Susan Whaley	

Members Absent:

Lloyd Lagerstrom
Valentin Lopez

- ❖ Call to Order: Meeting called to order at 6:40 p.m. by President Caroline Prod.
- ❖ President's Report:
 - Caroline started the meeting with an apology to the Board because of her inaccessibility since the last board meeting. Family issues and problems with her internet server contributed to the problem, but she expressed her regrets about not making more of an effort to keep the board members informed of the situation.
 - Caroline advised the Board that she received a call from Valentin Lopez who had decided not to return to the Board after his leave of absence. Val was a very valuable Board Member who will be missed.
 - Caroline gave a brief update on the progress of the Mental Health Services Steering Committee:
 - The Committee has been reconstituted and there are a lot of new members.
 - The Committee has spent a great deal of the time in the past few months going back over issues and decisions made by the prior steering committee, even revising decisions that were made by the prior committee. This has resulted in very slow movement forward on the issues related specifically to the task at hand which is the allocation of MHSA funding to workforce education and training.
 - The Committee is currently on hiatus for several weeks, until February 21st, while the staff develops a more comprehensive work plan of activities that need to be accomplished in this next stage of planning.
 - Emily Brayton of Janssen Pharmaceuticals approached Caroline about her concerns related to the new drug formulary that was developed by Sacramento County. Apparently, the formulary was developed by the Primary Health Division without consultation with the Division of Mental Health. Emily requested that NAMI write a letter to the County Department of Health and Human Services requesting an "exemption" from the new process for mental health drugs. After some discussion, it was agreed that we did not have sufficient information to take any position on this issue. Jeanne agreed to contact the county to get more information about the procedures and assess if there is really a significant issue.
 - A representative from the Department of Corrections spoke with Caroline and asked if we are interested in working with the Department to become a resource for family members of

parolees who suffer from mental illness. Since this is a statewide issue, Pat suggested that this might be something that would be better handled by California NAMI, rather than the individual affiliates. Caroline agreed to discuss this issue with Grace McAndrews at the state level.

- ❖ Minutes: There was one minor change suggested by Jeanne to the November 2007 minutes. Then John made a motion to approve the minutes that was seconded by Caroline. The minutes were approved as amended by unanimous vote of the board.
- ❖ Treasurer's Report:
 - John indicated that we had lost \$717 on our investments in December.
 - Naomi Gilbert, our CPA, also had to make a minor adjustment to our fund raising earnings due to an earlier error that was made on the income received from the sale of the Entertainment Books.
 - John said that Kathleen Derby has requested \$350 to print up additional brochures for the IOOV Program. Pat made a motion to approve this request and the motion was seconded by Caroline. The funding was approved by unanimous vote of the Board.
 - John advised the Board that we received \$11,783 in income from the Walk for Mental Health. This is down a little from the income received last year. Pat added that there will be an additional 20% bonus received from the general fund due to the increase in sponsorships this year. This should amount to about \$2350. The total of the two payments will put our total income from the Walk a little above the revenue received in 2007.
 - Finally, John indicated that he needs to have new names on the signature cards for the bank accounts to include both Pat and Caroline.
- ❖ Old Business:
 - **Walk for Mental Health/Fundraising**
 - In addition to the report on WMH funding, there was a general discussion about the value of the WMH as a fund raiser and our need to find other funding sources that would sustain the organization. This led to a discussion of the need for a donor data base or an expanded membership data base that could be used for soliciting donations.
 - Belinda has had a lot of experience with donor data bases. She agreed to work with Sherrie and Linda to evaluate our current member data base and decide what would be the best course of action needed to obtain the kind of data that we need for expanded fund raising efforts. The committee will report back to the Board at the February Meeting.
 - **Directors and Officers Insurance** – John indicated that our new insurance policy will now cover us as an “employer” should we move forward with hiring staff. The cost of the policy is \$1200.
 - **Inclusion Grant** –
 - The grant has been completed and the final report has been submitted. A copy of the report, without the attachments, will be posted on the website. John commended Val Lopez for the very fine job that he did on the project and the report.
 - The Board discussed what to do now to keep the momentum moving forward on our outreach efforts. Pat suggested that this might be an appropriate assignment related to an internship request that we received from Will Glasper, member and student from CSU Sacramento (see discussion under New Business).

- **Strategic Planning –**
 - Pat indicated that the report was on the website and she presented one hard copy for Caroline’s signature. Copies will be made to send with hard copies to stakeholders who participated in the interview process.
- **Staffing –**
 - Caroline told the Board that she had not been able to finalize the duty statement and get anything out for recruitment. She will work with Pat to finalize the duty statement and get it to CSL to conduct the recruitment.
 - On a related note, the Board also had a brief discussion about the move of the NAMI office and the need to configure any new space to include two workstations if possible, instead of one. Caroline felt that there would be enough room in the new space, but getting an additional computer and telephone might be problematic. Caroline will talk to Lisa Bertuccini about the possibility of space for additional staff.
- **Amazon.Com –**
 - Linda asked the Board to make a final decision on what to do with the “book list” that we were keeping on Amazon until the link was discontinued due to concerns about Amazon’s sale of dog fighting videos. The Board agreed that the book list should be moved to Barnes and Noble’s website instead.
- ❖ New Business:
 - **Change in Format for General Meeting** – Linda proposed that we consider changing the format for a few of the general meetings to be a more open forum for members so that they could share their stories and get to know each other better. There was consensus that this was a good idea, but that it would need to be structured around a theme and someone would have to facilitate the meeting. Linda and Caroline will discuss this and come up with a more definitive proposal.
 - **Election of Board Officers for 2008** - After a brief discussion of nominees and expectations, the following slate of officers was presented to the Board for consideration:
 - Caroline Prod – President**
 - Pat Pavone – Vice President**
 - Jeanne Templeman – Secretary**
 - John Gilbert – Treasurer**Al made a motion to approve the slate of officers that was seconded by Heidi. The motion was approved by a unanimous vote of the members present. In addition, it was agreed that Linda will take Pat’s place on the Walk for Mental Health Board and she will be assisted by Belinda.
 - **Internship Opportunity** – Will Glasper, NAMI member and CSUS Social Work student has requested an Internship with NAMI Sacramento. The Board agreed that this might be a good way to continue our outreach efforts. Jeanne agreed to be the sponsor for the project as she has a Masters of Social Work Degree. Pat will contact Will to work out the details.
 - **IOOV Funding Request** – Susan requested that she be allowed to purchase pens that could be used to advertise the IOOV program. There was general consensus on this item, but no official vote was taken. Susan then asked if mileage could be paid in addition to the stipend for IOOV presentations. There was some discussion of this item and it was decided that the stipend was sufficient compensation and no additional travel expenses would be reimbursed.
 - **Peer-to-Peer Funding Request** – Susan also asked if the Peer to Peer Program Coordinator could be compensated with a monthly stipend of \$165 in the same manner that the IOOV Coordinator is compensated. Heidi indicated that a formal duty statement should be

developed and posted to the website for this position and Susan agreed. A motion was then made by Caroline to approve this request. The motion was seconded by Pat and approved by unanimous consent of the Board.

- **Plaque for Heidi** – John presented Heidi with a plaque from the Board thanking her for her two years of service as Board President.
- ❖ Public Comment:
 - There was no public comment.
- ❖ Adjournment: The meeting was adjourned at 8:40 p.m.
- ❖ Next Meeting: The next board meeting will be held on Tuesday, February 19, 2008 due to the fact that Monday, February 18th is a holiday.

Submitted by Patricia Pavone, Board Secretary