



NAMI Sacramento

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Sacramento's Voice on Mental Illness

An Affiliate of the National Alliance on Mental Illness

NAMI Sacramento Board of Directors' Meeting August 18, 2008

Present: Caroline Prod, Pat Pavone, Al Lipson, Jeanne Templeman, Linda Beilharz, Lloyd Lagerstrom, Heidi Sanborn, Sherrie Sala-Moore, John Gilbert,

Absent: Belinda Beckett

- ❖ **Call to Order:** The NAMI Sacramento Board started at 6:40 PM.
- ❖ **Approval of the Minutes:** There were several minor editorial changes made to the June and July meeting minutes. Al made a motion to approve the June minutes, as revised, and his motion was seconded by John. The June minutes were approved by unanimous vote of the Board. John then made a motion to approve the July minutes, as revised, and Linda seconded his motion. The July minutes were approved by unanimous vote of the Board.
- ❖ **President's Report:** The MSHA – Workforce Education and Training (WET) Task Force met on June 16th. WET has been the focus of the Steering Committee's agenda in recent months and it looks like progress is being made on this important phase of the MSHA. Caroline is also part of the Older Adult Committee that has an older adult conference which is October 23rd and there will be opportunities for organizations to have information booths. NAMI could be a contributing sponsor at \$250 or \$140. Caroline received a flier for the California Memorial Project "Remembrance Day" to honor individuals who have died in mental institutions.
- ❖ **Treasurer's report:** John reported a loss in the Edward-Jones account due to the economic downturn. At mid-year, we will re-examine the line items in the budget for the need of re-adjustment.
- ❖ **Old/New Business Update:**
 - **Joe Teixeira's Status as Board Member:** Caroline and John discussed Joe Teixeira's interest in being on the Board of Directors as long as he is still able to accept a stipend for his involvement with the Peer-to-Peer program. John said that he had checked on the issue and that it would not be a conflict of interest for Joe to be on the Board and continue receiving the stipend. Caroline will follow-up with Joe.
 - **Walk for Mental Health:** Pat reported that as of June 30th, NAMI Sacramento was the only agency that had submitted the official agency application form to participate in this year's Walk. Pat has prepared a flyer format and postcard format to be used by all participating agencies. There was some discussion about sending out the postcards to our donor list. It was generally agreed that sending the information to the membership via email or postcard was fine, and handing out flyers at General Meetings and Support Groups, but that we should reserve our non-member donor list for our other fundraising efforts later this year. Finally, Pat indicated that she had spoken with Darlene Cronin from NAMI National about a NAMIWALK for the Fall of 2009 or the Spring of 2010. It was decided that we would not sponsor a Walk on our own until the Spring of 2010.
 - **Family to Family Class:** The September class is full per Lynn Cathy. This concerns Al, as his temple is hosting the class and he was under the impression that there would

be some spaces made available to temple members. Caroline will contact Lynn to find out if they're still full, if there is a process to get the names. When community facilities offer space there should be some communication between the facilities and Lynn Cathy relative to the space/classes and expectations.

- **IOOV/P2P/Family to Family Coordinators:** Joe will be taking over the P2P. There is a need for a Board liaison member to oversee F2F and we may need to offer a stipend for oversight responsibility. Heidi suggested that we contact Corine Liseno to ask if she might be interested.
- **Macy's Shopping Event:** Pat proposed that we participate in the Macy's Community Shopping Day event as a fundraiser. Macy's gives the full value of the tickets (\$10) to the participating agencies. The event provides high visibility. Event date is November 22, 2008. People use their ticket to get the discount; if the ticket stub is deposited at the store on November 22, NAMI earns an extra \$3. Volunteers only need to be available part of the day. We can request as many tickets as we can sell. Pat made a motion to approve our participation this year and Heidi seconded. It was approved by unanimous vote of the Board.
- **United Way:** Heidi is going for speakers training soon. Pat reports that calls for speaking engagements are emergent and our responsiveness is imperative for our ability to make presentations. Consequently, Pat and Caroline are encouraging participation in signing up for speaker training. Heidi suggested that the board authorize Linda to design a professional table display for our event booth. Heidi made a motion to authorize Belinda & Linda to purchase a backdrop and table throw not to exceed \$1,500. The motion was seconded by Al and unanimously approved.
- **New Printer:** Pat stated that Belinda is looking for a new company to print our newsletter and brochures because Tower Graphics (formerly Alpha Graphics) has gone out of business. Alpha Graphics in Roseville has temporarily taken over our business, but the rates seem very high. Belinda has gotten two other bids that are about half as much. She is just double-checking to make sure that the bids cover all of the same services that we received from Alpha/Tower Graphics. Caroline made a motion that we delegate the decision for the new printer to Belinda. Pat seconded the motion and it was approved by unanimous vote.

❖ **Closed Session: CONFIDENTIAL**

The Board reconvened into Executive Session to discuss personnel and board governance issues.

❖ **Public Comment:** None

❖ **Adjourn:** The meeting adjourned at 2143.

❖ **Next meeting:** September 15, 2008 at 1830

Respectfully Submitted,

Jeanne Templeman, Secretary
NAMI Sacramento Board of Directors