

If you, an aging parent, family member or friend need assistance with the activities of every day living, you may know the confusion and frustration involved in finding appropriate living arrangements. Having information regarding options is the first step toward making a successful decision.

- The Older Adult Resource Center (OARC) can help. We maintain information on licensed residential care facilities for the elderly (RCFE) and adult residential care facilities (ARF) in and around Sacramento County. These facilities may also be known as assisted living communities or board and care homes.
- Client needs are computer-matched with facilities that most closely meet geographic preferences, and clients' social and financial needs.
- Other supportive service data is available through the OARC, including information contained in the Community Services Directory on Disk and also in Eskaton's Senior Connection Caregivers' Resource Guide.

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OLDER ADULT RESOURCE CENTER (OARC)
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DO YOU KNOW
SOMEONE WHO
CAN'T LIVE ALONE
ANYMORE OR
NEEDS ASSISTANCE?



Let us help.

OLDER ADULT RESOURCE CENTER
(OARC)
RESIDENTIAL CARE
INFORMATION CLEARINGHOUSE

