

The Wellness & Recovery Center is NOW OPEN!!

I am thrilled to report that the Wellness & Recovery Center opened for business today. The Wellness and Recovery staff are prepared and committed to respectfully serve our community so if you have questions or would like additional information please contact:

WELLNESS & RECOVERY CENTER
3815 Marconi Ave. Suite 1
Sacramento, Ca. 95821

Contact Number: (916) 485-4175

Current Hours of Operation: Monday-Friday 8:30 a.m. - 4:30 p.m.

Please note that Outpatient Medication appointments are not available at this time. Look for the announcement of these services in the very near future.

Located approximately 3 Blocks East of Watt Ave. near the cross streets of Marconi Ave. & La Paz. The Center is located on the left hand. The Entrance to the building is approximately 100 yards off Marconi Ave. down a small side street. From the parking lot look for the water fountains and the entrance is just up the pathway on the left hand side.

The Wellness & Recovery Center offers

Independent living support and assistance
Skill building classes such as SacPort
Work shops & support groups
Networking and linkage services
Employment support services
Diet and nutrition education
Health and Wellness activities such as yoga, meditation, and relaxation groups
Culturally based healing arts such as yoga/meditation, tai chi, relaxation and stress reduction techniques
Computer Lab, instruction, and a library open to the community

If I can be of assistance or offer any additional information please call on me at your convenience. I hope to see you there!

Larry Boone

Mental Health Program Coordinator serving Consumer Self-Help Centers (North & South)
California Department of Rehabilitation
Crossroads Employment Service
MHSA-Wellness & Recovery Center
Sacramento County Office of Patients' Rights
SacPort-UCLA Neuropsychiatric Institute

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