



**SACRAMENTO COUNTY
ADULT PROGRAM COMMUNITY SERVICES AND SUPPORTS
DIRECTORY OF MENTAL HEALTH SERVICES
FISCAL YEAR 2006-2007**



ACCESS TO SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Adult ACCESS Team	Triage, assessment, linkage and referral service for adult outpatient mental health services.	Adults in need of mental health services.	N/A	Call: (916) 875-1055 or 1 (888) 881-4881 Monday-Friday 8:00 AM-5:00 PM Interpreter services available.

PSYCHIATRIC EMERGENCY SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Sacramento County Mental Health Treatment Center, Crisis <i>2150 Stockton Blvd Sacramento, CA 95817</i>	Crisis intervention and stabilization services for adults for up to 23 hours.	Adults in crisis with psychotic symptoms, suicidal or violent behavior.	N/A	Individuals may call or go to the Sacramento County Mental Health Treatment Center 24 hours per day/seven days a week. (916) 875-1000

INPATIENT SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Sacramento County Mental Health Treatment Center 2150 Stockton Blvd Sacramento, CA 95817	Twenty-four hour full-range psychiatric services in a locked setting.	Individuals who are a danger to themselves or others or require 24 hour care in a locked setting.	100	Self Law Enforcement Emergency Rooms Outreach

REGIONAL SUPPORT TEAM SERVICES (RSTs)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
El Hogar 608 10 th Street Sacramento, CA 95814	Provides comprehensive outpatient mental health services, including crisis intervention, case management, rehabilitation, and medication support services to adults who live in the downtown Sacramento catchment area.	Adults with serious and persistent mental illness.	N/A	Call ACCESS: (916) 875-1055 or 1 (888) 881-4881
Human Resource Consultants (HRC) 2220-B Watt Avenue Sacramento, CA 95825	Provides comprehensive outpatient mental health services, including crisis intervention, case management, rehabilitation, and medication support services to adults who live in the eastern county catchment area.	Adults with serious and persistent mental illness.	N/A	Call ACCESS: (916) 875-1055 or 1 (888) 881-4881
Northgate Point 601 W. Market Street Sacramento, CA 95834	Provides comprehensive outpatient mental health services, including crisis intervention, case management, rehabilitation, and medication support services to adults who live in the north county catchment area.	Adults with serious and persistent mental illness.	N/A	Call ACCESS: (916) 875-1055 or 1 (888) 881-4881
Visions Unlimited 7000 Franklin Blvd., #200 Sacramento, CA 95823	Provides comprehensive outpatient mental health services, including crisis intervention, case management, rehabilitation, and medication support services to adults who live in the southern county catchment area.	Adults with serious and persistent mental illness.	N/A	Call ACCESS: (916) 875-1055 or 1 (888) 881-4881
Visions Galt 425 Pine Street, Suite 2 Galt, CA 95632	Provides comprehensive outpatient mental health services, including crisis intervention, case management, rehabilitation, and medication support services to adults who live in Galt area.	Adults with serious and persistent mental illness.	N/A	Call ACCESS: (916) 875-1055 or 1 (888) 881-4881

OLDER ADULT SERVICES				
PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
CHWMF Geriatric Network 425 University Ave. Sacramento, CA 95825	Geriatric specialty trained clinicians provide mobile crisis intervention and case management services.	Crisis Unit: Individuals age 60 and over who reside in Sacramento and have an urgent mental health issue. Case Management: Clients meet criteria for core target population.	No limit for the number of crisis calls Case Management: 80	(916) 648-2800
Eskaton Senior Connection (TLC) <i>Talking, Listening, Caring</i> 5105 Manzanita Avenue Carmichael, CA 95608	Volunteer based program provides daily telephone reassurance calls to isolated seniors.	Persons age 60 and over who are homebound, live alone and are isolated.	Approximately 100	(916) 334-1072 Clients are referred by CHWMF Geriatric Network, Adult Protective Services and other providers.
Mental Health Association 9719 Lincoln Village Dr., # 407 Sacramento, CA 95827	Volunteer Senior Peer Counselors complete a training program and are matched with isolated seniors to provide supportive phone and home visitation.	Persons age 60 and over who are homebound, live alone and are isolated.	Approximately 125	(916) 366-4600

SUPPORT AND EDUCATION SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
<p>California Department of Rehabilitation <i>2000 Evergreen Street Sacramento, CA 95815</i></p> <p><i>2225 19th Street Sacramento, CA 95818</i></p> <p><i>Sites in Elk Grove, Fair Oaks, Roseville, South Sacramento</i></p>	<p>Provides consumers with information, orientation, referral, consultation, and assistance in acquiring rehabilitative services from the Department of Rehabilitation cooperative agreement.</p>	<p>Adults with disabilities seeking meaningful employment.</p>	<p>161</p>	<p>(916) 263-8674</p> <p>(916) 322-8500</p>
<p>Sacramento Psychosocial Options for Rehabilitation Training (SacPort)</p>	<p>SacPort is a collaboration with agencies, managers, clinicians, participants and family members built upon the acquisition of knowledge and skills to implement and maintain recovery. Evidence based services teach clients how to collaboratively plan and follow through with aftercare services, manage their own illnesses, and achieve their personal goals for improved social and role functioning.</p>	<p>Adults seeking education support and recovery.</p>	<p>N/A</p>	<p>Contact: Regional Support Teams, Mental Health Treatment Center, Consumers Self Help Centers, Mental Health Administration</p>
<p>Family Service Agency-Suicide Prevention <i>8912 Volunteer Lane, #100 Sacramento, CA 95826</i></p>	<p>The Family Service Agency Suicide Prevention Crisis Service Program offers immediate help for people who are feeling suicidal or depressed.</p>	<p>Individuals in crisis.</p>	<p>N/A</p>	<p>(916) 368-3080 Suicide Prevention Hotline: (916) 368-3111</p>
<p>Crossroads Employment Services <i>3823 V Street, Suite #1 Sacramento, CA 95817</i></p> <p><i>7640 Greenback Lane Citrus Heights, CA 95610</i></p>	<p>Provides opportunities for consumers to maintain employment through direct on site and off site job coaching, "reasonable accommodation" plan assistance, individual support and coordination with employer.</p>	<p>Adults seeking employment and recovery.</p>	<p>N/A</p>	<p>(916) 457-1900</p> <p>(916) 676-2508</p>

SUPPORT AND EDUCATION SERVICES (CONTINUED)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Consumers Self Help Center, North 4972 Date Avenue Sacramento, CA 95841	Drop in center provides group activities, self-help groups, peer counseling, peer advocacy, education, vocational and substance abuse groups, social skills training.	Adults seeking support and recovery.	N/A	(916) 348-1428
Consumers Self Help Center, South 3031 Franklin Blvd. Sacramento, CA 95818	Drop in center provides group activities, self-help groups, peer counseling, peer advocacy, education, vocational and substance abuse groups, social skills training.	Adults seeking support and recovery.	N/A	(916) 737-7100
Office of Patients' Rights 3031 Franklin Blvd. Sacramento, CA 95818	Agency serves as the state mandated "Office of Patients' Rights" representing Sacramento County mental health clientele for purposes of rights advocacy, rights violation complaint review, and legal representation in matters of involuntary detention of clients for treatment purposes.	Individuals involved in Mental Health Services.	N/A	(916) 737-7104
Mental Health Association 9719 Lincoln Village Dr., # 407 Sacramento, CA 95827	Provides Advocacy to Older Adults, Adults, Youth and Families in Sacramento County. Provides the community with mental health resources such as Information and Referral, support groups, and publishes the Tri-County Self Help directory. In addition MHASC offers trainings regarding recovery concepts and group facilitation.	Open to anyone.	N/A	(916) 366-4600

HOMELESS SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
TLCS-Supportive Housing and Entitlement Program (SHEP) <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Assistance and advocacy with housing, social security, general assistance. SHEP is the point of entry for evaluations for the housing and case management programs provided by Transitional Living and Community Support (TLCS). Housing programs include transitional and permanent housing.	Homeless adults.	Serves approximately 100 new clients per month	(916) 440-1500 X2 Walk in and appointments
TLCS-Mentally Ill Chemical Abuser (MICA) <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Case management services to individuals with co-occurring disorders of psychiatric disabilities and addiction disorders. Single adults served reside at TLCS' Palmer Apartments.	Homeless adults with co-occurring disorders.	60 single adults; 3 families with one of the adults meeting target population criteria	Referral and Assessment is through Carol's Place (916) 440-1500 X 2
TLCS-People Achieving Change Together (PACT) <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Case management services geared towards supporting individuals transitioning from homelessness to housing and increasing community stability.	Homeless, single adults.	100	Referral and intake is through TLCS' SHEP program: (916) 440-1500 X 2
TLCS-Widening Opportunities for Rehabilitation and Knowledge (WORK) <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Supported employment and case management services with housing subsidies for homeless adults.	Homeless, single adults.	25	Referral and intake is through TLCS' SHEP program: (916) 440-1500 X 2
TLCS-Passages Program <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Mental health, case management and supportive housing services for transition age youth.	Transition age youth, ages 18-24.	32	Referral and intake is through TLCS' SHEP program: (916) 440-1500 X 2
El Hogar-Guest House <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Triage, mental health assessments, medication support services, referrals and case management services.	Homeless adults.	Approximately 450 per month	(916) 440-1500 x 3 Walk in and appointments

HOMELESS SERVICES (CONTINUED)

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
El Hogar-River City Community Homeless Program <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	Comprehensive, integrated mental health and permanent supported housing & employment services. Focus on what-ever-it takes; 24/7 response. Housing first model.	Homeless adults.	143	(916) 854-4552
Turning Point-Homeless Intervention Program <i>601 W. N. Market Blvd., Ste. 350 Sacramento, CA 95834</i>	Comprehensive, integrated mental health and permanent supported housing & employment services. Focus on what-ever-it takes; 24/7 response. Housing first model.	Homeless adults.	143	(916) 922-2771

HOMELESS/HOUSING SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
TLCS-Carol's Place <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	30-day transitional housing program focusing on short and longer-term goals to mitigate homelessness.	Homeless adults.	18	Referral and intake is through TLCS' SHEP program: (916) 440-1500
TLCS-Palmer Apartments <i>1400 North A Street, Bldg. A Sacramento, CA 95814</i>	12-month transitional housing program focusing on goals to end cycle of homelessness, including addiction and barriers to successful community integration.	Homeless adults.	48	Must be a resident of TLCS's Carol's Place
Halcyon Place <i>2830 Stockton Blvd. Sacramento, CA 95817</i>	HUD funded Project-Based Shelter+Care program geared to support individuals recovering from long-term homelessness in permanent housing.	Chronically homeless adults.	22	(916) 736-6727

RESIDENTIAL SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
SRO-Sequoia Project <i>920 J Street</i> <i>Sacramento, CA 95819</i>	Subsidized housing, supported housing and case management services for single adults living in downtown single room occupancy hotels (SROs).	Single adults who reside in the downtown single room occupancy hotels.	20	(916) 444-3118
ACT Homes <i>Augmented Care and Treatment</i> <i>Various locations</i>	ACT board and care homes provide additional services focusing on rehabilitation, recovery, and life skills training.	Clients with mental illness, co-occurring disorders, substance abuse, or failed board and care placements in the community.	180	Through the ACT monitor. (916) 875-4951 or (916) 875-1159
Turning Point Crisis Residential <i>4801 34th Street</i> <i>Sacramento, CA 95820</i>	24-hour residential care for individuals experiencing an acute psychiatric episode who are voluntarily seeking an alternative to inpatient hospitalization.	Individuals 18-59 who have established residence in Sacramento County, are current in the Sacramento County CATS system, are Medi-Cal eligible, and have a minimum of three days of sobriety.	12	Mental Health Treatment Center RSTs Clients can be self-referred if they have been served at Crisis Residential within the past 3 months. (916) 737-9202
TLCS Cooperative Living Programs <i>Various sites</i>	Permanent cooperative residential housing programs. Residents live cooperatively to reduce the stresses and expenses of independent living.	Clients must possess some degree of independent living skills, provide for self-care, and prepare simple meals.	52 single adults; 20 families, with one of the adults meeting target population criteria	Referral and intake is through TLCS' SHEP program: (916) 440-1500

OUTREACH SERVICES				
PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Volunteers of America – Community Outreach <i>2830 Stockton Blvd.</i> <i>Sacramento, CA 95817</i>	Street and shelter outreach services to assist with helping individuals to access housing, mental health services and other necessary services to mitigate homelessness. Dedicated team for older adult population.	Unserved and unlinked homeless adults and older adults in the city and county.	N/A	(916) 736-3421
INTEGRATED SERVICES AGENCY SERVICES (ISAs)				
PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Turning Point Transitional Integrated Services Agency (TISA)	Full array of mental health and social rehabilitation support services including 24-hour, 365-day integrated services, 24-hour crisis intervention and case management services.	Individuals with mental health needs that require a high level of services for a 12-18 month period of time.	100	Long term care program coordinator (916) 876-5303
Turning Point Integrated Services Agency (ISA)	Full array of mental health and social rehabilitation support services including 24-hour, 365-day integrated services, 24-hour crisis intervention, case management.	Individuals with persistent mental health issues that require services for over 18 months.	204	Long term care program coordinator (916) 876-5303

SERVICES IN SECURE SETTINGS

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
State Hospital Various sites	Twenty-four hour full-range psychiatric services in a locked setting.	Individuals who are a danger to themselves or others or require 24 hour care in a locked setting for an extended period of time	34	Mental Health Treatment Center Long Term Care Program Coordinator (916) 876-5303
Medical Hill Rehabilitation Center 475 29 th Street Oakland, Ca. 94609	Locked skilled nursing facility for clients who are unable to live in a community setting.	Clients with primary diagnosis of dementia or severe cognitive impairment secondary to brain injury. Clients with a primary psychiatric diagnosis requiring a locked skilled nursing facility due to medical reasons.	Varies	Long term care program coordinator (916) 876-5303
Crestwood Behavioral Health, Inc. Various facilities	Provides twenty-four hour full range psychiatric services in a locked setting.	Clients who are unable to reside in the community as a result of their mental health issues.	Varies	Long term care program coordinator (916) 876-5303

FORENSIC SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
TLCS-Project Redirection 1400 North A Street, Bldg. A Sacramento, CA 95814	Mental health, medication and case management program for adult repeat offenders to the Sacramento County jail. Program design is a modified assertive community treatment program.	Jail inmates with two or more Jail Psych. Contact within past three year; Global Assessment of Functioning score of 50 or less. Priority consideration is given to individuals with housing, medical, and other at-risk factors contributing to vulnerability of recidivism.	63	(916) 440-1500
Jail Psychiatric Services – UCD Sacramento County Main Jail 651 I Street Sacramento, CA 95814	Provides mentally ill inmates at the main jail and at Rio Cosumnes Correctional Center with psychiatric care including suicide prevention, assessment, diagnosis, treatment, stabilization, patient education, crisis intervention, brief individual counseling, medication monitoring, pre-release planning, and community referral. Jail Psychiatric Services also has an Acute Inpatient Unit 18- bed, 72 hour evaluation and intensive treatment unit.	Clients in Sacramento County jail with psychiatric disabilities.	N/A	N/A

ASSISTED ACCESS SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Asian Pacific Community Counseling (APCC) 5330 Power Inn Road, Suite A Sacramento, CA 95820	APCC provides paraprofessional staff who serve as a bridge between people (primarily immigrants) who are monolingual and mono-cultural and the community at large, but in particular in accessing Sacramento County Mental Health Services and establishing Medi-Cal eligibility when appropriate. Interpretation, translation, and cultural brokerage services are provided in a culturally sensitive context.	Asian/Pacific Islanders (including Chinese, Japanese, Korean, Filipino and Tongan populations).	Approximately 170 as resources allow.	(916) 383-6783
Southeast Asian Assistance Center (SAAC) 5625 24th Street, Sacramento, CA 95822	SAAC provides paraprofessional staff who serve as a bridge between people (primarily refugee) who are monolingual and mono-cultural and the community at large, but in particular in accessing Sacramento County Mental Health Services and establishing Medi-Cal eligibility when appropriate. Interpretation, translation, and cultural brokerage services are provided in a culturally sensitive context.	Southeast Asian and Slavic-speaking clients, (including clients speaking Vietnamese, Lao, Mien, Hmong, Chinese, Cambodian, Russian, Ukrainian, Croatian, Herzegovinian and Serbian)	Approximately 430, as resources allow.	(916) 421-1036

CALWORKS SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
CalWORKS Clinical Team 1725 28 th Street Sacramento, CA 95816	Services designed to address mental health or alcohol or drug issues that are a barrier to obtaining or maintaining employment.	Adults receiving CalWORKS services.	No Limit	Call ACCESS (916) 875-1055 or 1 (888) 881-4881 and tell them you are on CalWORKS, or ask your HSS worker for a referral.

INTERMEDIATE CARE SERVICES

PROVIDER/SERVICES	DESCRIPTION	CLIENT POPULATION	CAPACITY	HOW TO ACCESS SERVICES
Catholic Social Services 5890 Newman Court Sacramento, CA 95819	Intermediate Care Providers (AKA Managed Care Providers) are authorized by the County Adult ACCESS Team to provide 10 counseling sessions in 6 weeks.	Clients must have Medi-Cal and meet expanded target population criteria for specialty mental health services.	N/A	CSS (916) 452-7481 Call ACCESS (916)-875-1055
The Effort (formerly Family Service Agency) 8912 Volunteer Lane, #100 Sacramento, CA 95826	Intermediate Care Providers (AKA Managed Care Providers) are authorized by the County Adult ACCESS Team to provide 10 counseling sessions in 6 weeks.	Clients must have Medi-Cal and meet expanded target population criteria for specialty mental health services.	N/A	FSA (916) 368-3077 Call ACCESS (916)-875-1055
Jewish Family Service 2862 Arden Way, Suite 103 Sacramento, CA 95825	Intermediate Care Providers (AKA Managed Care Providers) are authorized by the County Adult ACCESS Team to provide 10 counseling sessions in 6 weeks.	Clients must have Medi-Cal and meet expanded target population criteria for specialty mental health services.	N/A	JFS (916) 484-4400 Call ACCESS (916)-875-1055
Adult Psychiatric Support Service (APSS) Clinic 4875 Broadway Sacramento, CA 95820	County's outpatient mental health clinic providing services authorized by the Adult ACCESS Team. Services include psychiatric medication evaluation and management, group psychotherapy, individual psychotherapy on a limited basis, and psychological testing to clarify diagnoses on a limited, special need basis.	Clients must: <ol style="list-style-type: none"> a. Have Medi-Cal b. Have an eligible psychiatric diagnosis as defined by the MHP c. Are CalWORKs clinical clients who need medication evaluation for psychiatric disorders. 	N/A	Call ACCESS (916)-875-1055