

**SACRAMENTO COUNTY MENTAL HEALTH TREATMENT CENTER
REFERRAL RESOURCE LIST**

MENTAL HEALTH

INTEGRATED SERVICE AGENCIES

TURNING POINT ISA
4600 47th Ave. Ste. 111
393-1222

TURNING POINT - TRANSITIONAL ISA
4730 47th Ave. Ste. 300
391-6694

REGIONAL SUPPORT TEAMS

**EL HOGAR MENTAL HEALTH
AND COMMUNITY CENTER**
608 10th Street
441-2933

**HUMAN RESOURCES CONSULTANTS
(HRC)**

220 Watt Ave. Bldg # B
485 - 6500

NORTHGATE POINT

601 W. North Market Blvd. Ste #100
567-4222

VISIONS - SOUTH

7000 Franklin Blvd. #200
393-2203

VISIONS - GALT

425 Pine Street, Suite #2
209-745-3101

OTHER MENTAL HEALTH SERVICES

ADULT ACCESS TEAM

875-1055

Adult Psychiatric Support Services Clinic
875-0599

CHILDREN'S ACCESS TEAM

3331 Power Inn Rd. # 170
875- 9980

CONSUMERS SELF HELP CENTER

South - 3031 Franklin Blvd. 737-7100
North - 4972 Date Ave. 348-1428

Genesis - Homeless Psych Services

1321 North C. St
Non Pop-Up 669-1536

Geriatric Network

425 University Ave, Ste,222
648-2800 Fax 927-7901

THE GUEST HOUSE

1400 North A Street , Bldg A
Mental Health, Housing (TCLS)
& Outreach
440-1500

**SACRAMENTO COUNTY
MENTAL HEALTH TREATMENT
CENTER**

2150 Stockton Blvd.
732-3637 Emergency Crisis Intervention
875-1000 Main - Information
875-1017 TTY

COUNSELING SERVICES

AFTER
5777 Madison Ave. # 240
344-0249

Alliance for Excellence (Free)
575-2828

Asian Pacific Community Counseling Center
5330 Power Inn Rd. Ste A
383-6783

Carmichael Presbyterian Counseling Ctr.
5645 Marconi Ave.
483-2989

CSUS Community Counseling Center
6000 J. St. , Education Bldg.
278-6252
278 - 6887

Diogenes Youth Services
9719 Lincoln Village Dr. # 110
363-0063 (24 hr. Crisis Line)

Family Service Agency
8912 Volunteer Lane #100
368-3080

Jewish Family Service Agency
2862 Arden Way Ste. 103
484-4400

LaFamilia Counseling Center
5523 34th Street
452-3601

Med Clinic Children's Center
5709 Marconi Ave. # A
481-2973 Carmichael
856-5700 Rancho Cordova

New Horizons Counseling Center
3300 Walnut Ave.
485-1211

New Pathways Counseling
5890 Newman Court - 2 nd floor
452-1218
Crisis Line - 368-3111

Rio Vista Care Center
125 Sacramento Street, Rio Vista
707-374-5243

RIL (Resources for Independent Living)
420 I Street Ste 3
446-3074 Fax 446-2443

South East Asian Assistance Center
5625 24th St.
421-1036

South Sacramento Counseling Ctr.
7486 Center Parkway
427-5208

Terkensha - North Area M.H.
811 - D Grand Ave.
922-9868

WEAVE Counseling Center
1900 K. Street
448-2321

**NEIGHBORHOOD SERVICE
AGENCIES**

Del Paso Neighborhood Service Agency
3970 Research Drive
648-0305

Meadowview Community Action
2251 Florin Road, Ste 156
399-9116

New Helvetia/River Oaks Services Ctr.
776 Revere Street
874-9140

Oak Park Multiservice Center
3415 Martin Luther King
875-2995

24 HOUR CRISIS LINES

Suicide Prevention
368-3111

WEAVE Crisis Line
920-2952

Miscellaneous

In-Home Support Services
874-9471

Sacramento Housing Alliance
1300 N C St 442 - 2156
1122 17th St 442-1198

Sacramento Self-Help Housing
341-0593

DRUG & ALCOHOL SERVICES

OUTPATIENT

Bi-Valley Treatment Clinic
2100 Capital Ave.
442-4985

Strategies for Change
1507 21st Street #100
448-2951 Men/Women/Youth

Clean and Sober Transitional Living
961-2691

John H Jones Communicare
Drug and Alcohol Treatment Center
950 Sacramento Ave.
371-1966

County Alcohol & Drug Services
875-2050 Main Line
874-9140 New Helvetia
875-2999 Oak Park
575-2817 Carmicheal

Effort Counseling Center
1820 J St
Counseling 444-6294
Detox. 691-3417 (24 hrs)

Mexican American Alcohol Program
4241 Florin #110
394-2320

Nat. Council on Alcohol & Drug Dep.
1300 Ethan Way # 250
922-9217

Options for Recovery
(Perinatal Program)
4875 Broadway Rm 129
448-2951 O/P

People Reaching Out
5299 Auburn Blvd
576-3300

Sacramento Black Alcoholism Center
3307 Broadway #200
454-4242

Sacramento County Alcohol & Drug Bureau
Referral Resource
4875 Broadway #129
874-9754

Treatment Associates
(Opiate Addiction)
7225 E Southgate Dr. Ste. D
394-1000

VOA Comprehensive Alcoholism
Treatment Center & Detox.
700 N. Fifth
448-1236

Self Help Support Groups

- * Adult Children of Alcoholics
Al-Ateen
334-2970
- * Al-Anon Family Groups
334-2970
- * Alcoholics Anonymous
454-1100
- * Cocaine Anonymous
386-3545
- * Narcotics Anonymous
658-1899
- * Rational Recovery
(530) 621-2667
(530) 621-4374

Residential Treatment Programs

Alpha Oaks (alcohol & drug detox)
8400 Fair Oaks Blvd. (Women)
944-3920

Alternative House (Effort) (Drug)
1550 Juliesse Ave (Men & Women)
921-6598

Beamer Street Rehab & Detox. (Yolo Co)
530-666-8655

Calvary Christian Overcomers
2733 Branch St.
920-3082

Drug & Alcohol Detox
2721 Barbera Way
364-7660 (Men & Women)

Fair Oaks Recovery Center
(Drug and Alcohol Treatment)
8312 Madison Ave.
863-1606 (Men & Women)

Gateway Foundation, Inc.
(Alcohol & Drug Treatment)
4049 Miller Way
451-9312 (Women)

MiCasa Recovery Home
(alcohol)
2515 48th Ave.
394-2328 (Men & Women)

New Dawn
(drug & alcohol)
7447 Antelope Rd. Ste. 103
969-4300 (Men & Women)

Oak House
Residential Treatment for Men
Clean & Sober Living Environment For Men
Citrus Heights
721-6966
1-866-301-9699
www.oakhouse.com

River City Recovery Center
(Alcohol & Drug Treatment)
500 22 nd St.
442-3979 (Men & Women)

Sacramento Recovery House
(alcohol & drug)
1914 22nd Street.
455-6258 (Men)

Salvation Army Rehab. Center
(drug & alcohol)
1615 D. Street
441-5267 (Men)

HIV / AIDS RESOURCES and SUPPORT GROUPS

- * AIDS Hotline (San Francisco)
1-800-367-2437 Trilingual
- * Breaking Barriers
447-2437
- * Center for AIDS Research
Educ. and Services (CARES)
1500 21st St
443-3299 Groups
- * Effort AIDS Education &
Prevention Project
1820 J. Street
325-5556

HIV TESTING

- * Capital Health Clinic
874-7720
- * The Effort
325-5556
- * Strategies for Change
448-2951
- * Oak Park Health Center
875-2995

PAYEE SERVICES

Benefits Management -
Living In a Familiar Environment (LIFE)
10013 Folsom Blvd.
340-7000

New Star Foundation
1510 Merkley Ave West Sacramento
371-5569

West Florin Place Rep.
394-2728

SHELTERS

Bannon Street Shelter

470 Bannon Street
Welfare Referral Only (1725 28th St.)

Francis House (Women & Children)
1422 C St. (Limited Housing)
443-2646

Friendship Park (Day shelter)
1300 North C Street 444 -9626
Mon. thru Fri. 7:00 to 3:00

Mary House (Women & Children)
(Day shelter) M - F 8 - 330
1321 North C Street
446-4961

Salvation Army
1200 North B Street
M - F Bed sign ups 1:00 p.m.
30 - 60 days
442-0331

St. John's (Women & Children)
4410 Power Inn
453-1482 Call to get on waiting list
60 days stay w/3 meal & 2 snacks

Sacramento Area Emerg. Housing
Family Shelter
4516 Parker Ave. 455-2160
60 Day stay-Fam w/ Children

Union Gospel Mission
400 Bannon Street
Bed sign ups 6:30 p.m. (Men)
7 day max. w/ 2 meals a day
447-3268

VOA "A" Shelter (Men only)
1400 N. A St. Building B
448-5507

VOA Winter Overflow
874-3733

Womens' Refuge (Single Women)
455-0415

MUSTARD SEED SCHOOL

1321 N C Street 447 - 3626

HOT MEALS

Glory Bound Ministries

4827 Parker St.
Church Svcs 6 p.m. T - F &
Sun 1030 & 5 p.m. w/ Dinner following
Spanish Svcs Sat 4 p.m. Sun 12 p.m.

Loaves and Fishes Dining Room
1321 North C Street 446-0874
M - F. 11:30 to 1:00 S & S 11 - 1230
Ticket @ Gate

St Ignatius Loyola Parrish
3235 Arden Way
Meals served on the 4th & 5th - 6 to 7 p.m.

St Lawrence Church
4325 Don Julio Blvd, NH
Dinner on Thursdays 530 - 7 p.m.

St Philomenes
2428 Bell St. @ El Camino 481 - 7113
Tues 6 - 7 p.m.
Meal is served in school gym
@ 2320 El Camino
Clothing, Food and furniture supplies
for community members

St Vincent De Paul
141 Riverside - Roseville
Hot Meals W, Th & Sat 12 - 1:30 p.m.
& Sun 2:30 4 p.m.
Clothes Vocuhers T & Th only 10 - 3 p.m.
Showers T, W, Th & Sat 9 - 11 a.m.
Food Locker 137 Riverside (Placer Co Res.)
T, W Th, F & Sat. 9 - 1130 a.m.

Wellspring Women's Center
3414 4th Ave. 454 -9688
Continental breakfast
Referrals for housing / food, clothing / bus

FOOD LOCKERS

Central Guadalupe Food Locker
730 S. St. 443 - 5367
M - T 2:00 - 4:00 W - Th 10:00 - 12:00

Sacramento Food Bank Services
Zip Codes Served: 95815, 95833
95834, 95838

Del Paso Heights Food Locker
411 Hayes Ave.
Zip Codes Served: 95826, 95673, 95660
95835, 95836, 95837 (Food only)

Sacramento Interfaith Partnership
5625 24 th St. (Corner of Fruitridge & 24th)
428-5290
Zip Codes Served: 95822, 95823, 95824,
95828, 95829, 95830, 95831

Carmichael Pres. Church Food Closet
Marconi Ave. 483 - 9232
Zip Codes Served: 95608, 95610, 95843
95864, 95621, 95660, 95821

Carmichael SDA Community Servicecs
4600 Winding Way 487 - 8684
Zip Codes Served: 95608, 95609, 95610
95821, 95840, 95841

Sunrise Christian Food Ministry
5901 San Juan Ave
Zip Codes Served:95610, 95621, 95628

Delta Food Bank - Courtland
Zip Codes Served: 95612, 95615,
95641, 95690, 95686, 95680, 95639,
94759, 95632

Elk Grove Food Closet
8820 Elk Gorve Blvd.
Zip Codes Served: 95624, 95828, 95683,
95830, 95693, 95758, 95759, 95829

Oak Park Food Locker
3333 3rd Ave. 456 - 1980
Mon. thru Fri. 10:00 to 1:30 P.M.

River City Community Services
1322 27th Street (1st floor)
Mon. thru Fri. 11:30 - 3:00
446-2627

Rancho Cordova Community
Food Locker
10497 Coloma Rd. 364 - 8973
M,W,F 9:30 - 1:30

West Sacramento Resource Center
110 6th St
Zip Codes Served: Yolo County

HEALTH CLINICS

Capital Health Clinic
1500 C Street 874 - 5302

Del Paso Health Center
3950 Research Drive 648 - 0970

The Effort Medical Clinic
1820 J Street 325 - 5556

Mercy Clinic (Gen Med Care)
1321 N C St 446 -3345

Northeast Health Center
7805 Auburn Blvd. (Rusche Park)
Immunizations, STD, Family Planning
M,W,F
969-2724 726-1803

Oak Park Health Center
3415 Martin Luther King Jr. Blvd.
STD, Fam Planning, HIV, & Child Clinic
875-2995

Primary Care Clinic
4600 Broadway 874 - 9670

Sacramento County Dental Clinic
1500 C Street 874 - 8300

Sacramento Urban Indian Health
2020 J Street 441 - 0918

South City Health Clinic
7171 Bowling Dr. 875-0802
P.4 Rev. date 03/02/2006

GENERAL RESOURCES

Adult Protective Services
874-9377

Alta Regional Center
2135 Butano Drive
978-6400

Alzheimers Association
930-9080

Children's Protective Services
875-5437 (875-KIDS)

Community Legal Services
340-6080

Dept. of Human Assistance
(GA/Food Stamps/CMISP/Medi-Cal)
1725 28th Street
Info. 874-2072 Medi-Cal 874-2215

Crossroads
(Employment Assistance)
3823 V Street Ste #1
457-1900

Hmong Women Heritage
394-1405
Services for Men & Women

IHSS Public Authority
3700 Branch Center Rd, Ste A
874-2888 Fax 875-0946
Email : HHS-PA@saccounty.net

InfoLine - Community Info & Referral
498-1000
TDD: 446-1434

Lambda Community Center (Gay)
442-0185 (12 noon to 9)

Lutheran Social Services
Transitional Housing
453-2900

Mental Health Association, Sacramento
9719 Lincoln Village Dr, Ste 407
366-4600
www.mhasc.org

Mental Health Association, CA
1127 11th St, Ste 925
557-1167
www.mhac.org

National Runaway Switchboard
1-800-Runaway

Norcal Center on Deafness
4708 Roseville Road
TTD or voice 349-7500
TTD or voice 962-6055

Patient's Rights Advocate
737-7104

Planned Parenthood
General Info. 800-711-9848
Administration 446-5037

Pregnancy Hotline
451-2273

Cathedral of Pro
Mather AF Road
(Gay referrals)
364-4325

Sacramento Alliance for the
Mentally Ill (SAMI)
874-9416

Sacramento Crisis Nursery
6699 South land park Drive
394-2000 Fax 394-2004

Sacramento Lao Family Community
5840 Franklin Blvd.
424-0864

Sacramento Veterans Center
1111 Howe Ave. #390
566-7430

Social Security
8351 Folsom Blvd.
1-800-772-1213

Transitional Living Choices &
Community Support (TLCS)
1400 North A St, Building A
440-1500

Turning Point Transitional
Support Services (TSS)
4500 47 th Ave. Ste #5
395-9100

V.A. Mental Health
10633 Grissom Ave. (@ Mather)
366-5420

Victim/Witness Assistance Program
901 G St. 1st Floor
874-5701

Widowed Persons Association of CA
2628 El Camino Ste D18
972-9722

Youth Crisis Hotline
800-HIT-HOME

Self Help Support Groups

- * Adults Molested as Children
(Women only)
487-6464
- * Alzheimer's Aid Society
448-7001
- * Anger Management/Domestic
Violence SBAC
454-4242
- * Bereavement Network
557-5882
- * Building Self-Esteem
557-5882
- * Co-Dependents Anonymous
558-0448
- * Compassionate Friends
(for Bereaved Parents)
457-4096
- * DBSA Depression and Bipolar
Support Association
875-5644
- * Freedom from Smoking
444-5864 or 4467933
- * Friends for Survival
(After a suicide death)
392-0664
- * Head Trauma Support Group
568-6660
- * Incest Survivors
(and for Rape Survivors)
537-7134
- * NAMI
874-9416
www.namiasacramento.org
- * National Domestic Violence
Hotline
1-800-799-SAFE (7233)
- * OCD Self Help
223-6541 966-5917
- * Parents and Friends of
Lesbians and Gays
978-0410
- * Recovery Inc.
483-5616
<http://www.recovery-inc.org>
- * Sex & Love Addicts Anonymous
552-1442
- * Support with a Twist (SWAT)
875-5644
- * Tough Love
483-8508
- * Volunteers in Victim Assistance
(Survivors of Violent Crimes)
489-3333